



CLIENT INFORMATION RE: THE CORONAVIRUS (COVID-19) SITUATION IN KING COUNTY, WA

Federal and County public health officials have issued guidance, and I am monitoring their advice on a regular basis. COVID-19 symptoms include fever, cough, and/or shortness of breath.

My primary goal is to assist all clients keep healthy and safe, while maintaining your access to services to the greatest extent possible. For this reason, I will provide updates should new information become available.

Current Practices & Recommendations at Vitman Counseling

1. All clients are seen via telehealth for safety purposes: I offer telehealth services using a secure, HIPAA-compliant Web [portal](#).
2. Prior to attending telehealth session please read, sign and email back to me Consent Form for Telehealth Counseling.
3. Consult reliable, evidence-based sources of information in making choices about how you respond to this public health situation. These include:

US Centers for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/about/>

Fact Sheet (PDF): <https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

Washington State Dept. of Health: <https://www.doh.wa.gov/Emergencies/Coronavirus>

King County & Seattle Public Health: <https://publichealthinsider.com/>

Please contact me with have any questions or concerns you may have,

- Spomenka Vitman, MA, LMHC

Last updated on February 1, 2021