



CLIENT INFORMATION RE: THE CORONAVIRUS (COVID-19) SITUATION IN KING COUNTY, WA

Federal and County public health officials have issued guidance, and I am monitoring their advice on a regular basis. COVID-19 symptoms include fever, cough, and/or shortness of breath.

My primary goal is to assist all clients keep healthy and safe, while maintaining your access to services to the greatest extent possible. For this reason, I will provide updates should new information become available.

Current Practices & Recommendations at Vitman Counseling

1. All clients who are fully vaccinated if they choose can be seen in-person upon showing their vaccination card for verification.
2. Please don't come to my office if: (a) you feel sick; (b) think you may be getting sick; (c) someone in your home is sick; or (d) you believe you have been in contact with someone diagnosed with COVID-19. I will operate on the same basis and will cancel sessions as needed.
3. If you travel or attend large events, please get negative PCR test before you come to my office.
4. All clients who are not fully vaccinated or refuse to present their vaccination card for verification or fall under point 2 or 3 are seen via telehealth for safety purposes; I offer telehealth services using a secure, HIPAA-compliant Web [portal](#).
5. Prior to attending telehealth session please read, sign and email back to me Consent Form for Telehealth Counseling.
6. Consult reliable, evidence-based sources of information in making choices about how you respond to this public health situation. These include:

US Centers for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/about/>

Washington State Dept. of Health: <https://www.doh.wa.gov/Emergencies/Coronavirus>

King County & Seattle Public Health: <https://publichealthinsider.com/>

Please contact me with have any questions or concerns you may have,
- Spomenka Vitman, MA, LMHC

Last updated December 14, 2021